

# 7 Kinds of SMART



Einstein once said, "Imagination is more important than knowledge." That may have been the beginning of the idea that people can be smart in different ways.

*Check the statements in the first column below that reflect what you know about yourself. If you have three checks in a category, think about how you can use that kind of smart in school and work.*

<ul style="list-style-type: none"> <li><input type="checkbox"/> I can easily remember what people say.</li> <li><input type="checkbox"/> I am an avid reader.</li> <li><input type="checkbox"/> I am a good speller.</li> </ul>	<p><b>Linguistic Intelligence</b> You are good with language; love reading and writing. You are a good listener, as well as a confident speaker.</p>
<ul style="list-style-type: none"> <li><input type="checkbox"/> I like music more than art.</li> <li><input type="checkbox"/> Without music, life isn't any fun.</li> <li><input type="checkbox"/> When I am alone, I usually have music playing or I hum or sing to myself.</li> </ul>	<p><b>Musical Intelligence</b> You are sensitive to melody, rhythm, musical patterns, and pitch. You play one or more instruments and appreciate different types of music.</p>
<ul style="list-style-type: none"> <li><input type="checkbox"/> I can multiply and add quickly in my head.</li> <li><input type="checkbox"/> I have always been good with fractions.</li> <li><input type="checkbox"/> I love <i>Sudoku!</i></li> </ul>	<p><b>Logical-Mathematical Intelligence</b> You easily learn patterns, numbers, calculations and math concepts. You like games, riddles, puzzles, brainteasers and computers.</p>
<ul style="list-style-type: none"> <li><input type="checkbox"/> When I recall an experience, I mostly see a picture of it in my mind.</li> <li><input type="checkbox"/> When looking at objects on paper, I can easily tell whether they are the same no matter which way they are shown on the page.</li> <li><input type="checkbox"/> I don't need <i>GPS</i> to know my direction.</li> </ul>	<p><b>Visual-Spatial Intelligence</b> You understand how objects and figures relate in 3-D space and are able to rotate shapes mentally to see them from all angles. You enjoy chess, puzzles, Legos™ and maps.</p>
<ul style="list-style-type: none"> <li><input type="checkbox"/> It is hard for me to sit still for very long.</li> <li><input type="checkbox"/> I learn best by doing.</li> <li><input type="checkbox"/> I love working with my hands and building or making things.</li> </ul>	<p><b>Bodily-Kinesthetic Intelligence</b> You are good at handling and manipulating objects. You have excellent body and/or fine motor control and move with grace.</p>
<ul style="list-style-type: none"> <li><input type="checkbox"/> I can strike up a conversation with most anyone.</li> <li><input type="checkbox"/> It's easy to talk for long periods of time on the phone with my friends.</li> <li><input type="checkbox"/> I have served as a student leader.</li> </ul>	<p><b>Interpersonal Intelligence</b> You get along well with, and understand other people and their feelings. You are a natural leader and/or mediator.</p>
<ul style="list-style-type: none"> <li><input type="checkbox"/> When I recall an experience, I mostly remember how I felt about it.</li> <li><input type="checkbox"/> I enjoy my time alone.</li> <li><input type="checkbox"/> I know how to put together a good plan.</li> </ul>	<p><b>Intrapersonal Intelligence</b> You have keen insight into yourself and are able to successfully manage your emotions. You like setting goals and enjoy trying to achieve them.</p>